

## About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



### Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

### Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

### Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. [www.msc.org](http://www.msc.org)

 Nottingham Catering  
Eat Culture - Education

# LUNCHTIME

Welbeck Primary

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Monday

Tuck In Tuesday

Roast Dinner Wednesday

Around the world Thursday

Feast Friday

Main

Chicken Punjabi curry served with rice and flatbread, peas & sweetcorn

Hearty Chicken Pie served with creamy mash & crunchy carrots & broccoli trees

Roast Turkey with gravy served with roast potato, carrot, broccoli trees, green cabbage and yorkshire pudding

Beef Spaghetti bolognaise served with baguette slice, carrots and sweetcorn

Cheesy Margherita Pizza served with potato wedges & baked beans or peas

Vegetarian

Quorn Curry Served with rice & flatbread peas & sweetcorn

Vegan Mince Pie served with creamy mash & vegetable medley

Quorn Roast with gravy served with roast potato, carrot, broccoli trees, green cabbage and yorkshire pudding

Veggie Spaghetti bolognaise served with baguette slice, carrots and sweetcorn

Veggie Supreme Pizza served with potato wedges & baked beans or peas

Something Different

Jacket Potato with Cheese or Tuna with crispy fresh salad

Jacket Potato with Cheese or Tuna with crispy fresh salad

Halal Roast Chicken with gravy & yorkshire pudding, roast potatoes, carrots, broccoli trees or green cabbage

Quorn Wraps served with rice, carrot & Sweetcorn

Fish Fingers served with potato wedges & baked beans or peas

Yummy Dessert

Yoghurt or Fresh Fruit Salad

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Chocolate Berry Sponge & custard or Fresh Fruit Salad



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Main

Vegetarian

Something Different

Yummy Dessert

## Monday

Chicken Tomato Pasta with baguette slice sweetcorn & peas

Tomato & Basil Pasta with baguette slice, sweetcorn & peas

Jacket Potato with cheese Or tuna served with a crispy fresh salad

Yoghurt or Fresh Fruit Salad

## Tuck In Tuesday

Beef Chilli served with rice & flatbread, crunchy carrots or broccoli trees

Veggie Chilli served with rice & flatbread, crunchy carrots or broccoli trees

Jacket Potato served with cheese & beans and crispy fresh salad

Yoghurt or Fresh Fruit Salad

## Carvey Wednesday

Pork Sausage with gravy served with creamy mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Quorn Sausage with gravy served with creamy mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Halal Chicken Sausage with gravy & yorkshire pudding, creamy mash potatoes, carrots, broccoli trees or green cabbage

Yoghurt or Fresh Fruit Salad

## Around the world Thursday

Jamaican curried Chicken served with rice and peas, sweetcorn or crispy fresh salad

Jamaican curried Quorn served with rice and peas, sweetcorn or crispy fresh salad

Tomato & Basil Pasta served with baguette slice & crispy fresh salad

Yoghurt or Fresh Fruit Salad

## Feast Friday

Ham Tastic Pizza served with potato wedges & baked beans or peas

Cheesy Margarita Pizza served with potato wedges & baked beans or peas

Salmon Fish Cake served with potato wedges & baked beans or peas

Apple Crumble with Custard or Fresh Fruit Salad



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Main

Monday

Sausage Casserole served with creamy mash potatoes, peas or Sweetcorn

Tuck in Tuesday

Creamy Cajun Chicken served with rice and broccoli trees or crispy fresh salad

Carvery Wednesday

Roast Chicken with gravy served with roast potato, carrot, broccoli trees, green cabbage and yorkshire pudding

Around the world Thursday

Beef Keema Biryani served with flatbread, sweetcorn or crunchy carrots

Feast Friday

Chicken Pizza served with potato wedges & baked beans or peas



Vegetarian

Quorn Sausage Casserole served with creamy mash potatoes, peas or sweetcorn

Creamy Cajun Quorn served with rice and broccoli trees or crispy fresh salad

Vegan Roast with gravy served with roast potato, carrot, broccoli trees, green cabbage and yorkshire pudding

Veggie Keema Biryani served with flatbread, sweetcorn or crunchy carrots

Cheesy Margherita Pizza served with potato wedges & baked beans or peas



Something Different

Cheese Snack served with creamy mash potatoes, peas or sweetcorn

Jacket Potato with cheese or tuna served with crispy fresh salad

Halal Roast Chicken with gravy & yorkshire pudding, creamy mash potatoes, carrots, broccoli trees or green cabbage

Jacket Potato with cheese or tuna served with crispy fresh salad

Breaded Fish served with potato wedges & baked beans or peas



Yummy Dessert

Yoghurt or Fresh Fruit Salad

Yoghurt or Fresh Fruit Salad

Yoghurt or Fresh Fruit Salad

Yoghurt or Fresh Fruit Salad

Flapjack & Raisins or Fresh Fruit Salad

