

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



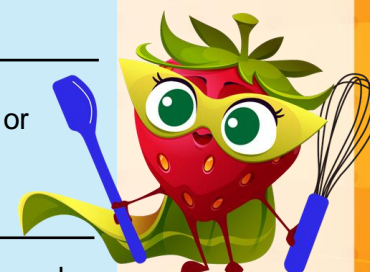
MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Welbeck Primary

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Monday

Tuck In Tuesday

Roasty Toasty Feast Wednesday

Around the World Thursday

Friday

Main

Beef Spaghetti
Bolognese or Veggie
Spaghetti Bolognese

Served with Garlic
Bread

Jollof Chicken & Rice
or Jollof Vegetable &
Chickpea & Rice

Served with Flatbread

Roast Turkey with
Gravy or Quorn Roast
with Gravy
Served with Roast
Potatoes &
Yorkshire Pudding

Ham Macaroni
Cheese or Magic
Macaroni Cheese
Served with Baguette
Slice

Meat Feast Pizza
or Cheese and
Tom Pizza

Served with Crispy
Oven Chips

Seasonal
Veg/Salad

Sunshine Sweetcorn
Or Power Peas or
Crispy Fresh Salad

Crunchy Carrots
Crispy Fresh Salad

Crunchy Carrots /
Broccoli Trees /Creen
Cabbage

Sweetcorn or Crispy
Fresh Salad

Baked Beans or
Power Peas

Something
Different

Jacket Potato with
choice of filling
(Cheese / Tuna)

Veggie Meatball Pasta
served with Flatbread
Slice & Crispy Fresh
Salad

Halal Roast Chicken
with Gravy
Served with Roast
Potatoes &
Yorkshire Pudding

Jacket Potato with
choice of filling
(Cheese / Tuna)

Fish Fingers Served
with
Crispy Oven Chips &
Tomato Sauce

Dessert

Fresh Fruit Salad
Yoghurt

Fresh Fruit Salad
Yoghurt

Fresh Fruit Salad
Yoghurt

Fresh Fruit Salad
Yoghurt

Flapjack & Raisins



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Monday

Tuck In Tuesday

Roasty Toasty Feast Wednesday

Around the World Thursday

Friday

Main

Chicken Tomato Pasta or Tomato & Basil Pasta

Beef cottage Pie or Veggie Cottage Pie served with Gravy

Roast Pork with Gravy or Quorn Roast with Gravy

Chicken Curry served with flatbread & Rice

BBQ Chicken Pizza or Cheese and Tom Pizza

Served with Baguette Slice & Crispy Fresh Salad

Carrots or Sweetcorn

Served with Roast Potatoes Yorkshire Pudding

Quorn Curry Served flatbread & Rice

Served with Gcrispy Oven chips

Seasonal Veg/Salad

Carrot and Cucumber Batons or Crispy Fresh Salad

Carrots or Sweetcorn

Crunchy Carrots / Broccoli Trees/Green Cabbage

Power Peas or Broccoli Trees

Baked Beans or Peas Crispy Fresh Salad

Something Different

Jacket Potato with choice of filling (Cheese/ Tuna)

Cheese Snack with Cloudy Mash Mountains

Halal Chicken with Gravy served with Roast Potatoes

Jacket Potato with choice of filling (Cheese / Tuna)

Salmon Fish Cake Served with Crispy Oven Chips & Tomato Sauce

Dessert

Fresh Fruit Salad Yoghurt

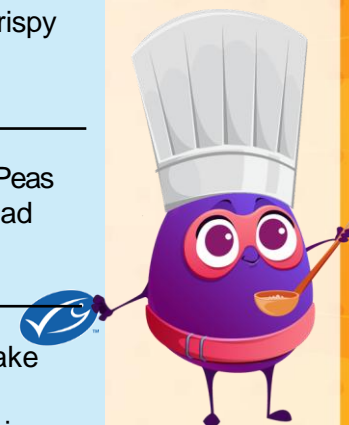
Fresh Fruit Salad Yoghurt

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Iced Carrot and Pineapple Muffin

Or Fresh Fruit Salad



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Monday

Main

Beef Keema Curry or Veggie Keema Curry

Served with Flatbread & Rice

Seasonal Veg/Salad

Crunchy Carrot or Broccoli Trees

Something Different

Tomato and Basil Pasta Served with Flatbread

Dessert

Fresh Fruit Salad

Tuck In Tuesday

Homemade Pork Sausage Roll or Samosa roll & Gravy
Served with Cloudy Mash Mountains

Corn on the Cob or Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna Mayo)

Fresh Fruit Salad

Roasty Toasty Feast Wednesday

Roast Chicken with Gravy or Quorn Roast with Gravy
Served with Roast Potatoes Yorkshire Pudding

Crunchy Carrots / Broccoli Trees/Green Cabbage

Halal Chicken with Gravy served with Roast Potatoes & Yorkshire Pudding

Fresh Fruit Salad

Around the World Thursday

BBQ Chicken or BBQ Quorn

Served with Rice

Sunshine Sweetcorn or Power Peas

Pizza Pasta Served With Baguette & Crispy Fresh Salad

Fresh Fruit Salad

Friday

Ham Pizza or Cheese and Tomato Pizza

Served with Crispy Oven Chips

Power Peas or Baked Beans Crispy Fresh Salad

Breaded Fish Portion served with Crispy Oven Chips & Tomato Sauce

Chocolate Fudge Pudding & Custard Or Fresh Fruit Salad

