



Spellings and targets

Spellings are given out weekly and children are tested on **Fridays**. Please **practise these 4 times** a week with your child to support them. **New targets for the Spring term** will be set for your child and you will be able to find these in your child's diary.

Attendance and Punctuality

It is very important that children attend school **every day**. They quickly can become **behind** on key learning when missing days of school. The school day starts at **8:40am**, the children should be on the yard ready to come in as learning starts promptly. The recommended **bedtime is 7:30pm** this enables your child to be at their best and ready to learn.



Keeping Fit!

Our class have PE on **Fridays** every week. Please make sure that children have a **labelled PE bag in school with their kit inside**. PE kit should include: a t-shirt, shorts, a jumper/sweatshirt, jogging bottoms and trainers. If your child wears tights to school, please also include a pair of **socks**.

Year 1C Newsletter – Spring term 2025



Our learning!

This half term our topic is '**Super Healthy Humans**'. We will be learning all about how to eat a balanced diet, keep fit and look after our bodies. We will be writing information leaflets, making fruit bowl collages and lots more!

After February half term our topic will be '**Farm to Fork**', where the children will learn about where we get our food and produce from.

Screens

The recommended screen time (including TV) is **1 hour per day**. Please ensure your child is not accessing inappropriate content for their age, especially on **YouTube**.

Should you wish to discuss anything please do not hesitate to speak to me at the end of the day when the children have been collected.

Miss Cooper

Reading at home

A reminder that your children should be reading their schoolbooks to an adult **at home at least 4 times a week**. Remember to sign their diaries so that we can track who has read at home. This **MASSIVELY supports** their learning and development. Children who read 4 or more times each week will receive a special reading reward at the end of every half term.

Communication

We will now be using **Bluesky** to update you all on what we get up to. Make sure to follow us **@Welbeckps.bsky.social**

Important Dates

January 31st – INSET day
March 18th & 19th – open evening

