# Autumn Term Newsletter Mrs Challen's Class- F2C Friday 6<sup>th</sup> September 2024

Dear Parents/ Carers,

Welcome Welbeck Primary School! The children have made a fantastic start and are excited and eager to learn. We open the classroom doors at 8.40am and will close doors at 8.45am ready to start learning so please make sure your child is on time. If you would like to talk to me about anything please arrange an appointment for the end of the day. I look forward to a very exciting year ahead! Thank you for your continued support, Mrs Challen- EYFS Lead

The topic for this half term is 'All About Me!'. We will be learning all about <u>ourselves</u> and exploring <u>our apperance</u>, <u>our families</u>, our <u>likes</u> and <u>dislikes</u>, <u>where we live</u>, <u>our friendships</u> and <u>our senses</u>.



## What can you do at home?

- Ensure your child **attends** school **every day**!
- Read 4 times a week at home and sign the diary each time.
- Practise getting dressed everyday including using zips and buttons.
- **Limit screen time** on iPads and phones
- Encourage your child to try new foods and talk about what is on the school menu.
- Make time to talk everyday with your child about what they have been learning at school.

Due to health and safety

children are not permitted to

play on the bikes and

climbing equipment before

and after school.

#### Reading

Your child has been given a book bag which they need to bring to school every day. Your child will receive two books each week. One is a <u>Library book</u> which is a picture book to read together. The other is a <u>Phonics book</u> which your child will read to you in.

We ask you to **read at home 4 times a week** and bring all books to school every day. Please sign your child's diary each time you read together. Your child will then be rewarded with the weekly and termly reading treats in class!

### **Stay and Read Sessions**

All Parents/ Carers are invited to our weekly stay and read sessions on <u>Tuesday morning 8.45-9am</u>

#### **Bedtimes**

Lots of children have been very tired at the end of the day. We suggest removing screens from bedrooms (iPads and TVs) and **starting the bedtime routine before 7pm**. This could include a bath a bedtime story and a nice chat about their day.





"The more you read the more things you know.

The more that you earn the more places you'll go."

#### Reminders

Use the school website and twitter to find key dates and information before phoning the school office

www.welbeck.nottingham.sch.uk
@WelbeckPS Follow us on X!

<u>High attendance</u> is key to success! Aim for **95-100%!** No holidays in term time.

# **Health and Wellbeing**

Children will be engaging in physical activity every day during daily lessons and playtimes. **PE lessons are every Thursday and Friday.** Please make sure your child has **labelled** PE kit and water bottle in school **all week** (T-shirt, shorts, joggers, jumper, trainers). We encourage children to dress and undress independently so please practise this every day at home. **No jewellery** is allowed for PE.

Help your child have **healthy teeth** for life by having a **good dental hygiene routine**. Help your child by ensuring they brush their teeth twice a day and avoid giving them sugary foods and drinks.







Mrs Challen- Monday- Thursday. Miss Smith- Monday and Wednesday.

Miss Adams and Mrs Denman- Friday