

Week: 1  
Date: 1<sup>st</sup> & 20<sup>th</sup> September, 11<sup>th</sup> October,  
15<sup>th</sup> November, 6<sup>th</sup> December, 10<sup>th</sup> & 31<sup>st</sup> January,

## Welbeck

### Monday

**Meat free**

✓ Veggie Spaghetti Bolognese with Baguette Chunk and Carrots

✓ Cumberland Vegan Sausage & Mash with Gravy and Carrots

✓ Panini served with Mixed Salad

Apple Crumble & Custard

Fresh Fruit Salad

### Tuesday

Chicken Wrap – hot Served with Mixed Salad & Sweetcorn

✓ Cheese Snack served with Mashed Potato and Baked Beans

Jacket Potato served with Tuna Mayonnaise and Sweetcorn

Butterscotch Tart

Fresh Fruit Salad

### Wednesday

Roast Pork & Stuffing. Gravy served with Organic Roast Potato & Vegetable Medley

✓ Quorn Roast & Gravy served with Organic Roast Potato & Vegetable Medley

✓ Halal Chicken & Stuffing. Gravy served with Organic Roast Potato & Vegetable Medley

Oaty Cookie with Milk

Fresh Fruit Salad

### Thursday

Chicken Curry with Rice. Flatbread and Broccoli

✓ Veggie Curry with Rice. Flatbread and Broccoli

✓ Tomato & Basil Pasta served with Baguette Chunk and Salad

Fruity Flapjack

Fresh Fruit Salad

### Friday

MSC Salmon Fishcake served with Oven Chips and Baked Beans

✓ Cheese & Tomato Pizza served with Oven Chips. Mixed Salad and Sweetcorn

✓ Jacket Potato served with Cheese & Baked Beans

Lemon Drizzle Muffin


Fresh Fruit Salad





Week: 2  
Date: 6<sup>th</sup> & 27<sup>th</sup> September, 1<sup>st</sup> & 22<sup>nd</sup> November,  
13<sup>th</sup> December, 17<sup>th</sup> January, 7<sup>th</sup> February

## Welbeck


Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian


For Allergen information please ask a member of the catering team.



### Monday

**Meat Free**

 Veggie (lentil) Cottage Pie with Gravy and Peas

 Tomato & Mascarpone Pasta served with Baguette Chunk and Peas


Cheese Sub Roll served with Crunchy Carrot & Cucumber Sticks

Orange Muffin

Fresh Fruit Salad

### Tuesday

BBQ Chicken with Rice and Salad

 Veggie Meatballs with Tomato Sauce, Pasta and Peas


Jacket Potato served with Tuna Mayonnaise and Salad

Angel Delight

Fresh Fruit Salad

### Wednesday

Roast Beef served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley

 Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Vegetable Medley


Halal Chicken served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley


Shortbread with Milk

Fresh Fruit Salad

### Thursday

Jacket Potato with Bacon served with Baked Beans

 Jacket Potato with Baked Beans and Cheese


 Cheese & Tomato Panini served with Baked Beans or Sweetcorn


Sticky Toffee Pudding and Custard

Fresh Fruit Salad

### Friday

MSC Fish served with Oven Chips Mushy Peas or Carrots

 Cheese & Tomato Pizza served with Oven Chips, Homemade Coleslaw or Salad

 Tomato & Basil Pasta served with Baguette Chunk and Peas

Banana & Custard  
Or Plums & Custard

Fresh Fruit Salad

Main


Dessert





Week: 3  
Date: 13<sup>th</sup> September, 4<sup>th</sup> October,  
8<sup>th</sup> & 29<sup>th</sup> November, 4<sup>th</sup> & 24<sup>th</sup> January

## Welbeck

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



### Monday

**Meat Free**

✓ Butternut Squash & Chickpea Tagine served with Rice and Carrots

✓ Tomato & Mascarpone Pasta with Baguette Chunk and Carrots

✓ Panini served with Salad

Jelly & Fruit Milk

Fresh Fruit Salad

### Tuesday

Tuna Pastry Parcel served with Boiled Potatoes and Sweetcorn

✓ Vegan Mini Burger with New Potatoes and Baked Beans

✓ Tomato & Basil Pasta served with Baguette Chunk & Mixed Salad

Oaty Cookie (apricot)

Fresh Fruit Salad

### Wednesday

Roast Chicken served with Gravy. Stuffing and Organic Roast Potatoes & Vegetable Medley

✓ Quorn Roast served with Gravy. Stuffing and Organic Roast Potatoes & Vegetable Medley

Halal Chicken served with Gravy. Stuffing and Organic Roast Potatoes & Vegetable Medley

Fruit Muffin & Milk

Fresh Fruit Salad

### Thursday

Sausage & Mash served with Gravy and Broccoli

✓ Cumberland Vegan Sausage served with Gravy and Mash and Broccoli

Tuna Panini served with Mixed Salad

Plum Shortcake Slice & Custard

Fresh Fruit Salad

### Friday

MSC Fish Fingers served with Oven Chips and Baked Beans

✓ Cheese & Tomato Pizza served with Oven Chips. Sweetcorn & Mixed Salad

✓ Jacket Potato served with Cheese & Baked Beans

Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad



Main

Dessert

